

General Psychology
Psych 1 – E1970
Spring 2013

Instructor: Mark Winter, PhD

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Office: Creative Arts 132, Eureka Campus

Class Website: <http://mycr.redwoods.edu>

Textbook website: http://bcs.worthpublishers.com/exploring8e/#t_577581

Phone: 707-476-4310

Office Hours: MW 1-2:30, TTh 1-2, and by appt.

Course Description: Psychology is the scientific study of behavior and mental processes through the exploration of major theories and concepts, methods, and research findings. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses. *Recommended: English 150.*

Student Learning Outcomes: (1) Analyze psychological research and synthesize information in writing. (2) Analyze how experience, culture, learning, and biology affect behavior and cognitive processes. (3) Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychological theory and research including: (a) biological bases of behavior and mental processes, (b) sensation and perception, (c) learning, (d) cognition, (e) personality, (f) social processes, (g) developmental changes, (h) psychological disorders, and (i) emotion and motivation.

Text: Myers, D.G. (2011) *Exploring Psychology* 8th edition. Worth Publishers. Purchase any format: hardback, paperback, loose-leaf (cannot sell back to bookstore), or ebook.

- You can purchase the text directly from the publisher at <http://www.worthpublishers.com/Catalog/product/exploringpsychology-eighthedition-myers/formatsandpackages/formats>
Hardback (\$132), paperback (\$119), loose-leaf (\$64), or ebook (\$53).
- You can purchase the paperback text from the CR Bookstore at <http://bookstore.redwoods.edu/>
- You can purchase or rent the text from an online vendor (ISBN: 1-4292-3826-7) such as amazon.com or chegg.com for considerably less than the retail price.

A copy of the text is on two-hour reserve at the LRC, Eureka campus.

Student Commitment: This three credit-hour class will require about nine hours per week of your time. You will have to regularly attend class – four or more absences is considered excessive, carefully read textbook chapters, submit thoughtful daily writing assignments, complete a research paper, and successfully demonstrate your learning in exams. Conscientiousness, attention to details, reading, writing, and study skills are critical.

Exams (41% or 200 points): Each exam will consist of 20 multiple-choice questions per chapter. After graded exams are returned, you can improve your score ½ point for each missed item by identifying the correct answer and text page. Corrections are due one week following the exam's return. You must take the exam at or before its scheduled date for full credit. Late exams are allowed up to one week with a 20% late penalty.

Lecture Points (17% or approx. 84 points at 3 points each class): Near the end of each class you will identify a topic from the lecture to respond and relate to your personal experience. Specifically, you will be asked to: Thoughtfully respond/react to the topic (1 point), relate/apply the topic to your own personal experience (1 point), and write a question you have based on the day's topic (1 point). You must attend the full lecture to receive credit.

Research Paper (21% or 100 points): This will be a short paper on any psychology topic of your choice including an outline (20 pts.), paper (50 pts.), and revised paper (30 pts.). Information is available using the Assignments link at the class website. Late papers are accepted one week after the deadline with a 20% late penalty.

Final Exam (21% or 100 points): The final exam will consist of 80 multiple-choice items based on chapters 12-15 and 20 recycled questions from prior exams. There will not be an opportunity to correct missed items. You must take the exam at or before its scheduled date. Late exams are not allowed.

Please Note: There are no extra credit assignments.

Grade Distribution: **A** = 93% and above, **A-** = 90-92%, **B+** = 88-89%, **B** = 83-87, **B-** = 80-82%, **C+** = 78-79%, **C** = 65-77%, **D** = 60-64%, **F** = 59% and below

Dates	Topic	Readings	Assessment
Week 1: Jan 14 – Jan 16	Introduction	Ch 01	M/W Lecture Pts
Week 2: Jan 21 (Holiday) – Jan 23	Nature, Nurture, and Human Diversity	Ch 04	W Lecture Pts Take Home Exam
Week 3: Jan 28 – Jan 30	The Biology of Mind	Ch 02	M/W Lecture Pts

Week 4: Feb 4 – Feb 6	Consciousness	Ch 03	M/W Lecture Pts
Week 5: Feb 11 – Feb 13	Sensation and Perception	Ch 06	M/W Lecture Pts
Week 6: Feb 18 (Holiday) – Feb 20	Learning	Ch 07	M/W Lecture Pts
Week 7: Feb 25 – Feb 27	Exam 1 Monday Memory	Ch 08	Ex 1 Chs 2,3,6,7 W Lecture Pts
Week 8: Mar 4 – Mar 6	Memory/Thinking, Language, and Intelligence	Chs 08/09	M/W Lecture Pts Paper Outline
March 10-17	Spring Break	Spring Break	Spring Break
Week 9: Mar 18 – Mar 20	Thinking, Language, and Intelligence/ Motivation	Chs 09/10	M/W Lecture Pts
Week 10: Mar 25 – Mar 27	Motivation/Emotions, Stress, and Health	Chs 10/11	M/W Lecture Pts Research Paper
Week 11: Apr 1 – Apr 3	Emotions, Stress, and Health Exam 2 Wednesday	Ch 11	M/W Lecture Pts Ex 2 Chs 8-11
Week 12: Apr 8 – April 10	Personality	Ch 12	M/W Lecture Pts
Week 13: Apr 15 – Apr 17	Psychological Disorders	Ch 13	M/W Lecture Pts Revised Paper

Week 14: Apr 22 – Apr 24	Therapy	Ch 14	M/W Lecture Pts
Week 15: Apr 29 – May 1	Social Psychology	Ch 15	M/W Lecture Pts
Final Exam: Monday, May 6 10:45-12:45			Final Exam (Chs 12-15 and recycled items)

Note: While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class of any changes.

Code of Conduct: I would encourage you to familiarize yourself with the Student Code of Conduct Standards in the college catalogue under campus policies and regulations.

Students with Disabilities: This class is designed to accommodate students with disabilities. Please contact me directly with specific concerns. For more information regarding the College's services for students with disabilities go to the DSPS website at <http://redwoods.edu/district/dsps/>

***Note:** Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation or excessive (4 or more) absences through the 10th week of class.*